



4300-B University Way NE, Seattle, WA 98105
Phone: (206) 402-5266 Fax: (206) 402-5878
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Utility, Food, and Rent Assistance for Tenants

Utility Assistance:

- Snohomish County: <https://snohomishcountywa.gov/552/Energy-Assistance>
- Seattle City Light and Seattle Public Utilities:
<https://powerlines.seattle.gov/2020/03/12/coivd19assistance/>
- Puget Sound Energy: <https://www.pse.com/pages/bill-and-weatherization-assistance>
- Washington Utilities and Transportation Commission:
<https://www.utc.wa.gov/consumers/energy/Pages/energyAssistance.aspx>
- Washington State Low Income Home Energy Assistance Program (LIHEAP):
<https://www.commerce.wa.gov/growing-the-economy/energy/low-income-home-energy-assistance/>

Food Assistance:

Seattle Food Committee

<http://www.seattlefoodcommittee.org/food-bank-map/>

Locate food banks throughout the Greater Seattle Area via map.

Byrd Barr Place

<https://byrdbarrplace.org/>

(206) 812-4940 / 722 18th Ave, Seattle

Food bank three days a week.

El Centro De La Raza (Seattle)

<http://www.elcentrodelaraza.org/>

(206) 329-0786

Food bank three days a week. For people of all backgrounds. Community Connector Program that helps food bank participants apply for public benefits and services including SNAP (Food Stamps), utilities discount program, energy assistance program, Apple Health, free cell phone and low-cost internet. Myriad other programs also available.

Washington Department of Social and Health Services: Basic Food (“Food Stamps”)

<https://www.dshs.wa.gov/esa/community-services-offices/basic-food>

Washington Department of Social and Health Services: Temporary Assistance for Needy Families

<https://www.dshs.wa.gov/esa/community-services-offices/tanf-and-support-services>

WIC: Special Supplemental Nutrition Program for Women, Infants, and Children

<https://www.fns.usda.gov/wic>

Rent Assistance:

Washington State

Washington State offers 2-1-1 as a resource for families facing financial or situational struggles. Just dial 2-1-1 and you will be connected to an operator who will help direct you to available resources that fit your needs.

Tenancy Preservation Program – WA State Department of Commerce

<https://www.commerce.wa.gov/serving-communities/homelessness/landlord-fundprograms/tenancy-preservation/>

All Seattle Kids Home

<https://www.allseattlekidshome.org/>

(206) 488-2692

Multi-lingual service focuses on families in imminent risk of homelessness. They can provide critical resources to help families remain in safe housing or find new housing

Byrd Barr Place

<https://byrdbarrplace.org/>

(206) 812-4940 / 722 18th Ave, Seattle

Byrd Barr Place is committed to preventing homelessness in Seattle. They can help avoid eviction with temporary rental assistance or connect you to housing resources.

Downtown Emergency Service Center

www.desc.org

(206) 464-1570

DESC can assist with people facing eviction with rent/legal fees

Washington Department of Social and Health Services – DSHS

<https://www.dshs.wa.gov/esa/community-services-offices/housing-and-essential-needs>

1-800-865-7801

Volunteers of America (nationwide)

<https://www.voa.org/find-housing>

703-341-5000

Salvation Army (multiple locations)

https://westernusa.salvationarmy.org/usw_thq/location_search/?cat=11

- Everett 425-259-8129

<http://everett.salvationarmy.org/>

- Seattle (senior services only) 206-706-0855

- Seattle – William Booth Center 206-621-0145

<http://williamboothcenternw.salvationarmy.org/>

- Kent 253-852-4983

- Puyallup (senior services only) 253-841-0785

Resources can help with housing needs, with a focus on preventing homelessness in the King County area. Some of the services can include eviction prevention, move-in and security deposit assistance, limited rent help, and utility bill assistance. Counseling services are provided at the same time. Any type of assistance paid out is by appointment only and may require an interview process.

Catholic Community Services & Catholic Housing Services

<https://ccsww.org/get-help/shelter-homeless-services/emergency-assistance/>

- East King County: 425-213-1963 x2

- Seattle and South King County: 253-850-2523

Additional services available throughout Western Washington

Translation services available

Jewish Family Services

<https://www.jfsseattle.org/>

(206) 861-8796 / 1601 16th Ave., Seattle

JFS provides services to people of all backgrounds as well as Jewish individuals and families. Financial assistance may be available for emergencies like eviction prevention, move-in costs such as first/last months' rent and security deposits, medical expenses, past due utility bills, transportation, or school clothes.

Solid Ground – Housing Resources (King County)

<https://www.solid-ground.org/get-help/housing/>

1-800-621-4636

Some limited one-time rental assistance is offered. However more extensive is free eviction counseling, and basically free advice for those who receive eviction notices. Also get advice and support including information on tenants' rights and responsibilities.

St. Vincent De Paul

<https://svdpseattle.org/get-help/>

Seattle: 206-767-6449

Portland: 503-235-8431

The Society of Saint Vincent de Paul is one of the largest charity organizations in the country. They are committed to providing social services, resources and financial assistance across the United States. The Society of St. Vincent de Paul parish near you is a non-profit that offers a unique style of personal assistance with food, clothing, gasoline, medicine, rent, utilities, and transportation to people facing economic or emotional crises. People of all backgrounds and religion can get assistance.

Young Women's Christian Association – YWCA (Seattle/King/Snohomish)

<https://www.ywcaworks.org/housing>

206-461-4888

Lifespring (Bellevue)

<https://www.bellevuelifespring.org/emergency-assistance/>

425-451-1175

LifeWire

www.lifewire.org

(425)746-1940

LifeWire helps victims of DV situations to assist with their rent. They'll also help them with finding new housing and really work hard to prevent homelessness among DV victims and their children.

Plymouth Housing Group

<https://plymouthhousing.org/>

(206) 374-9409 / 2113 3rd Avenue, Seattle

Provides permanent, supportive housing for single adults 18 years or older who are homeless or have income less than 30% of local median income.

World Relief Seattle (Seattle, Refugee & Immigrant resources/help)

<https://worldreliefseattle.org/>

253-277-1121

University Churches Emergency Fund

<http://www.uchurchesemergencyfund.org/>

(206) 524-7885 / 4515 16th Ave NE, Seattle

Can offer emergency assistance up to once per year. Income limitations are in place. Call the program to get emergency financial assistance and referrals to non-profits.

Wellspring Family Services Housing Services

<https://wellspringfs.org/community-services/housing-services>

(206) 902-4271 / 1900 Rainier Ave. S. Seattle

Offers programs including eviction prevention and rental assistance. Among other housing programs and services, the agency provides limited financial assistance and cash grants for low-income (50% or less of HUD income guidelines) and working poor individuals and families. In addition, speak to a

counselor about housing stability services, advocacy, and eviction prevention programs.

West Seattle Helpline

<http://wshelpline.org/>

(206) 932 – 4357

Provides limited emergency rent assistance to prevent eviction from homes and apartments.